

Our Savior Lutheran Church

F

O

C

U

S



Vol. 28 No. 9

2013

GROWING
TO SERVE

*Living God's love in Jesus Christ through word and sacraments, worship and prayer, learning and fellowship
we grow disciples for service and outreach.*

Our Savior Lutheran Church

745 Front St. South
Issaquah, WA 98027
(425) 392-4169
(425) 392-2946 — fax

Email:

office@oslcissaquah.org

Webpage:

www.oslcissaquah.org

Facebook:

facebook.com/oslcissaquah

Twitter:

twitter.com/oslcissaquah

Sunday Worship

Services:

8:30 & 11:00 a.m.
(September – May)

Inside this issue...

New Member	
Orientation	p. 3
African Missions	
Summit	p. 3
Education	p. 4
Group Ministries	
and Studies	p.5-6
Advent/Christmas	
Music	p. 6
Altar Flowers	p. 6
Treasurer Report	p. 7
OSLC Work Party	p. 7
Youth Info	p. 8
2014 Peru Mission Trip	
Fundraiser	p. 9
Women's Retreat	p. 10
Lewis 50th Anniversary	
Invitation	p. 10
Library News	p. 11
Thrivent Potluck	p. 11
Worship Schedule	p. 13
Birthdays &	
Anniversaries	p. 13
Oct. Calendar	p. 14
Prayers	p. 15
Oct. Worship Ass't	p. 16
OSLC Staff Directory	p. 17

Mutual Ministry Committee

By: Craig Gillin, Mutual Ministry Chairperson

Members and Friends of OSLC,

In June 2012, the Executive Committee of OSLC formed a new committee called the **MUTUAL MINISTRY COMMITTEE**. This came about after a period of consultation with Pastor Eldon Olson by a special Discernment Group and several months of meetings and brainstorming by a Mutual Ministry Work Group. The Work Group created two documents that will give you more detailed information about its guiding principles and function:

1) "LOVING PATTERNS AND PRACTICES" describes the way our congregation can live in love and mutual support. It is our goal that these patterns and practices become a familiar and accepted course of conduct at OSLC.

2) "MUTUAL MINISTRY JOB DESCRIPTION," describes the function of the Committee, in part, as providing an on-going facilitative body through which the pastor(s), staff and congregation can bring OSLC-related problems and concerns, and/or seek counsel, direction, and mediation with other members of OSLC.

The **MUTUAL MINISTRY COMMITTEE** shall:

- Serve as a resource for conflict resolution for the pastor(s), staff and congregation.
- Listen, interpret, advise, confer, pray, evaluate and recommend affirmation and forgiveness to resolve differences and disputes within the congregation that might impede the goal of shared and unified ministry.
- Listen to concerns of spiritual, emotional and/or physical needs of the pastor(s), staff and congregation.
- Provide a safe place for confidential mutual conversations and consolation in times of stress.
- Provide a place for forgiveness, reconciliation and resolution.

continued on page 2



Continued from page one:

The Committee operates on the belief that ministries of the pastor(s), staff, and congregation are strengthened by persons who act out of mutual concern for all parties involved. The Committee may also offer support and be a resource to the Admin/Personnel Chairperson and Personnel Committee.

Please know that the **MUTUAL MINISTRY COMMITTEE** is here to serve every member of the congregation when there is a need. We encourage you to read the "Loving Patterns and Practices" and consider how they might help us live together in mutual support and love.

Sincerely,
Craig Gillin, Mutual Ministry Chairperson

Mutual Ministry Committee Members:

Kathy Ziegler
Barbara Extract
Peter Shen
Pastor Larry Thomas

Living God's Love. Our Life Together.

In a church family, like any other family, we seek to live together in harmony, mutual support, and love. How we conduct ourselves toward one another creates the environment in which we are nurtured and sustained, an environment in which, hopefully, we grow in positive and creative ways that give life and maturity to the spirit of God within us.

Following are some practices we can live out in our homes, our church, our workplace and our community, practices consistent with our Christian belief and values, and with the commandment to "Love one another." We can use these practices to reflect our Lord's love when:

- Sharing information
- Setting priorities
- Making decisions
- Exercising leadership
- Addressing complaints
- Resolving conflict

Loving Patterns and Practices:

1. Support and love one another, as Jesus commanded, "Just as I have loved you, you also should love one another." (John 13:34)
2. Seek first to understand, then to be understood.
3. Forgive one another again and again. (Matthew 18:21-22)
4. Interrupt gossip, neither accepting nor sharing rumors, even when such is masked as a *concern*. (James 3)

Continued on page three.

Continued from page two:

5. Always ascribe to others the best possible intentions and motivations, not the worst. (Luther, Small Catechism, Eighth Commandment)
6. When speaking use "I" statements instead of "you" statements.
7. Speak for others only when identifying the source, and not use expressions like "some people," or "I'm not free to say who, but someone said to me..."
8. Be specific as to issue, time, place or people, not globalizing with words like "always," "never," "everyone," "no one."
9. Focus on issues and behavior, not personalities or character.
10. Present suggestions and concerns to the people directly responsible.
11. Participate in decision making by speaking openly and honestly about priorities and opinions during meetings, not privately afterward.
12. Address issues in a timely manner, but allow sufficient time for proper resolution.
13. Accept differences of opinion and conflict as inevitable, normal and productive.
13. Seek resolution to conflict by first addressing the person with whom there is a problem. (Matthew 18:15-17)
15. Focus on the subject at hand, not diverting attention to broader, general topics.
16. Seek what is best for the whole congregation and staff, not only our immediate circle.

New Member Orientation

Sunday, October 13th @ 9:45 a.m.

This informal event is for those persons who are interested in learning more about the life of this congregation and how they may formally join us in mission and ministry. This is a great opportunity for getting better acquainted with others who have been a part of our worshipping community for a while and with those who have been members for a long time. New members will be received on Sunday, October 27 at the 11:00 a.m. worship service. To sign up for the October 13 New Member Orientation or to find out more about OSLC membership, please contact Pastor Fletcher @ 425.392.4169 ext 105 or by e-mail at rdfletcher@oslccissaquah.org.

African Missions Summit

Saturday, October 5, St. Andrew's Lutheran Church

Any and everyone who cares about or wants to learn more about missions in Africa is invited to attend the African Missions Summit at St. Andrew's Lutheran Church in Bellevue on Saturday, October 5, 2013 from 9:00 a.m. to 3:00 p.m. This summit is jointly sponsored by the Northwest Washington Synod and the Southwestern Washington Synods, ELCA.

The keynote speaker for the African Summit is Pastor Anna Eva Makyao. Pastor Anna is the pastor of the Evangelical Lutheran Church in Tanzania's Ngaruma Parish in the town of Marangu, located at the base of Mt. Kilimanjaro. Pastor Anna's parish has been a beneficiary of malaria treatment and prevention programs funded by the Lutheran Malaria Initiative (LMI) and she is a tireless advocate for the work of the Lutheran Malaria Initiative in her community and in Tanzania. In addition to serving as the pastor of the day, Pastor Anna will speak about "Healthy Development Support" and participate in a workshop on Malaria.

Speaking of workshops, there will be two workshop sessions on a variety of topics including Lutheran World Relief/Malaria, education, agriculture, medical care, water and community development. In addition, congregations involved in mission activities and partnerships in Africa, have been invited to share displays illustrating their work. The cost of registration, including lunch, is \$10. Participants are encouraged to register online at www.lutheransnw.org/africansummit by September 30th to assure a lunch reservation.

Christian Education & Small Group Ministries

Sunday School

9:45 to 10:45 a.m.

Infants, Toddlers & Their Families

This year at OSLC, we are adding a Sunday School class for infants, toddlers, and their families. The class takes place the fourth Sunday of each month in the OSLC Nursery. Parents, grandparents, or caregivers should attend the class with their little ones. Each month, this class will include songs, story, and play time and opportunities for the adults to get to know one another. The first class takes place on September 29, 2013.

Preschool—Grade 5

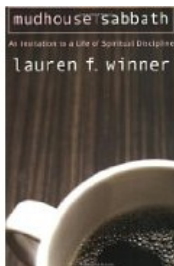
For students in Preschool through Grade 5, our Sunday School programs are tied to the Sunday morning readings that we hear each week in worship. For more information on our Sunday school curriculum, visit www.activatefaith.org or contact Pastor Fletcher (rdfletcher@oslcssaquah.org.)



Grades 6—12

Java Talk

For students in Grades 6—12 we offer an on campus program geared towards conversation and relationship building. Each Sunday, students meet in the new youth room (formerly Room 7) for JavaTalk, a program geared towards conversation and relationship building.



Sunday Morning Adult Class

Mudhouse Sabbath - September 29—November 10

Mudhouse Sabbath is book by Lauren F. Winner that explores eleven spiritual practices inspired by Judaism and the life of Jesus. Following her conversion from Orthodox Judaism to Christianity, Lauren Winner found that her life was indelibly marked by the rich traditions and spiritual practices of Judaism. She set out to discover how she could incorporate some of these practices into her new faith.

In her book, *Mudhouse Sabbath*, Dr. Winner, who teaches at Duke Divinity School, presents eleven Jewish spiritual practices that can transform the way Christians view the world, and God. Whether discussing attentive eating, marking the days while grieving, candle-lighting or the differences between the Jewish Sabbath and a Sunday spent at the Mudhouse, her favorite coffee shop, Dr. Winner writes with grace and insight, illuminating personal rituals and practices that are both faithful and life giving.

This class is taught by Pastor Thomas. Weekly sessions will include a presentation by Lauren Winner (via DVD) and discussion. Themes and topics for this seven week class are:

- September 29: Judaism and Christianity
- October 6: Sabbath Keeping
- October 13: Hospitality and Eating Food
- October 20: Jewish and Christian Prayer

- October 27: Fasting
- November 3: Grief and Mourning Well
- November 10: Doorposts



Thursday Morning Bible Study

10:00 a.m. Thursdays @ OSLC



Pastor Thomas leads the Thursday morning Bible study. We meet at 10:00 a.m. in the church library. Our study focus is the Old Testament book of 2 Samuel. Our primary text is *1 & 2 Samuel for Everyone*, by John Goldingay. Another (optional text) is *First and Second Samuel* by Eugene H. Peterson. (Westminster Bible Companion.) Copies of both texts are available from a variety of on-line vendors.

Mid-Life Spirituality Group

Sunday, October 6th

@ the home of Don & Carole Miller

The Mid-Life Spirituality Group will meet on Sunday evening, October 6th from 6:30-8:30 p.m. at the home of Don and Carole Miller. They will begin discussing a new book, *Tatoos on the Heart*, by Father Gregory Boyle. Father Boyle works with gang members in Los Angeles and is the founder of Homeboy Industries. Participants should read the introduction and the first chapter in preparation for the Sunday, October 6th gather. The book is available from a variety of online vendors.



Hope Circle

Friday, October 18

9:30 a.m.

Hope Circle will meet Friday, October 18, 2013 (place to be determined.) For more information on Hope Circle or for carpooling information, please contact Sandy Aldworth at (425) 837-1233 or mtnlady@comcast.net.



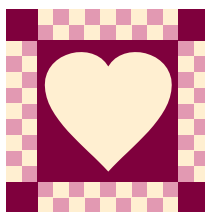
OSLC's Book Club

October 14th—7:30 p.m.

Barnes and Noble Bookstore,
Issaquah

The next gathering for the Book Club will be on Monday, October 14th at 7:30 p.m. at the Issaquah Barnes and Noble Bookstore. The book club will discuss the book *Beautiful Ruins* by Jess Walter. *Beautiful Ruins* is the story of an almost-love affair that begins on the Italian coast and is rekindled in Hollywood fifty years later.

If you have any questions or would like to know more about our book selections please contact Marilyn Larson, at marilyn.larson@gmail.com or call her at (425) 392-6594.



Mission Quilters

Join us Wednesday mornings from 9:30 a.m. until noon in Anderson Hall and assist us making quilts. The Mission Quilters make simple patchwork quilts that are donated to people in need. Contact the church office for more information, 425-392-4169, ext. 100.

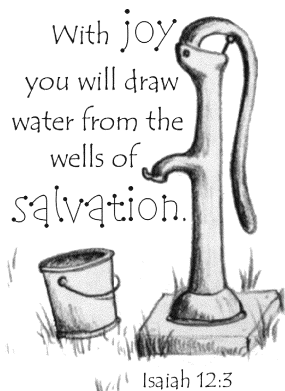
Faith Circle

Monday, October 21st

1:30 p.m.

On October 21, 2013, Faith Circle will meet at the home of Dianne Tanner. Faith Circle meets on the third Monday of each month, from September to May, at 1:30 p.m., in different member's homes. (We break for the summer months – June through August.) We use the Bible study found in the Lutheran's women's magazine *Gather*.) If you need more information or would like to join Faith Circle, please contact Rita Hansen at (425) 392-2108 or ritahansen@brigadoon.net.





A Deeper Well

Sunset Ale House

Tuesday, October 29

A Deeper Well is a time to talk about faith and life and experience some refreshment for both body and soul. We meet at Sunset Ale House on Front Street (20 Front Street, next to Flying Pie Pizzeria and Front Street Market), on the last Tuesday of each month. Join us on Tuesday, October 29th beginning at 8:00 p.m. If you have questions, contact Pastor Ryan at (425) 392-4169, ext. 105 or rdfletcher@oslcissaquah.org.

Prayer Shawl Ministry Meeting

Sunday, November 3rd

The Prayer Shawl Ministry will not meet in October. Please join us between services on November 3 to bless any newly completed items. Between now and then if you need yarn, contact Karen Hansen, Muriel Brown or the church office. This year we want to add caps, scarves, mittens and other small warm things to our knitting and crocheting projects. We'll give them to local charities. Your ideas for projects and charities are welcome. Some patterns are available and more can be gotten. Please join us.



Sunday Morning Altar Flowers



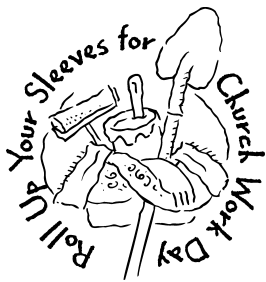
Providing flowers for the altar on Sunday mornings, is a wonderful way to give glory to God, remember a loved one, celebrate an anniversary or birthday. If you are interested

in providing flowers, there is a flower sign-up chart posted in the sacristy. You can choose to create your own arrangement, or have Country-side Florist create it for you and deliver it to the church. The florist cost is \$50.00. Checks should be made payable to OSLC and indicate 'altar flowers' on the memo line of your check. Contact Judi Case if you have questions, judirus-sell@gmail.com or 425-455-2803.

Sing the Music of Advent and Christmas

You are welcome to sing with the Chancel Choir during the seasons of Advent and Christmas. The Choir rehearses on Wednesday evenings, 7:00p.m. – 8:30p.m. in the sanctuary. Questions? Please contact Scott Hafso (bellevuer@gmail.com).





It's Time for an OSLC Outdoor Work Party!

Saturday, October 12th

To welcome in the fall season, here are the five W's:

1. What: Fall Work Party!
2. When: October 12th, 9:00 a.m. until noon (or so!)
3. Where: OSLC outdoors. Bring garden tools and gloves
4. Who: You and all your friends!
5. Why: Because it is wildly fun!

Call or email Mark Cron with questions or if you want more information, mwcron@comcast.net or 425-432-2331.

Church Website Includes Audio From Recent Sermons Preached At OSLC:

www.oslcissaquah.org



OSLC's website includes audio from recent sermons preached at OSLC. Preaching is a central part of our worship life at Our Savior Lutheran Church, as we proclaim God's Word to be a living thing in our lives. Both in the live event and in the days and weeks that follow, we understand preaching to be a conversation between God and the entire gathered community. We invite you to join in that conversation. The audio recording from recent sermons preached at OSLC are available to you on the OSLC website as an invitation to engage God's living Word! Check it out at www.oslcissaquah.org. Click on the Worship and Music tab and follow that to sermons.



Treasurer's Update

July 2013

We are one month through our 2013/2014 fiscal year.

What has actually happened this year:

We have received YTD - (82% of budget)	\$33,845
We have spent YTD - (89% of budget)	36,926
Deficit	(\$3,081)

Compared to what we budgeted:

We are under budgeted giving by	\$7,609
We are under budgeted spending by	\$4,360

Compared to last year's actual giving:

Our contributions were \$4,305 below last year.

Respectfully, Randy Halter, Treasurer





Upcoming OSLC Youth Events

October 18-20

Confirmation Fall Retreat on Whidbey Island (7th-9th Graders)

October 27

Pumpkin Patch (Carpinito Brothers, Kent) followed by carving at OSLC **OR** Halloween Carnival at Fox Hollow Family Farm in Issaquah

November 17

Whirlyball

December 11

Youth Christmas Party

Youth Ministry Committee: Come Help Advocate for Youth at OSLC

October 29, 7:00 p.m.

Towards the end of the Gospel of John, Jesus promises that God, the Father, will not abandon the disciples but will send them an Advocate, the Holy Spirit, who will be with them. Soon, the disciples discover that this Holy Spirit comes to them in and through the early Christian community that becomes the Church. Our children and youth need you to step out in faith and answer this same Spirit's call. We need advocates to listen well to the stories their lives are telling and to lift up their participation in the life of our congregation. Come join the Youth Ministry Committee! We meet the last Tuesday of each month at 7:00 p.m. in the OSLC library. Questions? Contact Pastor Ryan.

Confirmation Program (Grades 7-9)

For youth in Grades 7-9, OSLC offers a program that provides a broad introduction to the Christian faith. At the end of the program, youth are invited to affirm the promises first made at their baptisms. Teaching sessions are the faith formation and learning core of the confirmation program. These sessions are led by one of the pastors in partnership with adult guides. This year the confirmation program will focus on *Lutheran Traditions*, *Tough Questions*, *Financial Sanity* and *Faith Practices at Home*.

An important part of confirmation is Small Groups. These groups are led by an adult small group guide. This year our guides are Jonathan Smith and Glenna Usselman. During teaching sessions, small groups are used to engage in conversation and collaborative work. During the designated small groups sessions, fellowship and service opportunities provide the context as friendships between youth grow.

Each fall, we go on a retreat with the confirmation students. This year, the retreat will be held at a vacation home on Whidbey Island. We will gather on Friday, October 18 at OSLC and head over together by van and ferry. The retreat ends when we return midday on Sunday, October 20 to OSLC.

The October confirmation schedule is:

- October 2 – Teaching Session #1 (7:00-8:30 p.m.)
- October 9 – Teaching Session #2 (7:00-8:30 p.m.)
- October 18-20 – Confirmation Retreat @ Whidbey Island, Teaching Sessions #3 & #4
- October 23 – Confirmation Small Groups
- October 30 – Teaching Session #5 (7:00-8:30 p.m.)

OSLC Youth Peru Trip 2014 Poinsettia and Wreath Fundraiser

Poinsettia and Wreath Orders Due by Sunday, November 3rd

OSLC Youth participating in the July 2014 Peru Mission Trip, are having a fundraiser selling Squak Mt. Nursery poinsettias and wreaths. Orders must be placed no later than Sunday, November 3rd. (The delivery TBD.) The plants come in white, pink and red and are absolutely huge and the best quality you can buy. The wreaths are fresh greenery with pine cones and smell wonderful. Please tell your friends and neighbors as well. Place your orders in the box on the table in the narthex.

Contact Glenna Usselman, 206-496-9695 or by email at glennausselman@aol.com if you have questions.

Thank you for your support!!



OSLC Youth Peru Trip 2014 Fundraiser Christmas Wreath & Poinsettia Sale From Squak Mt. Nursery

EVERGREEN WREATHS \$16.50 EACH

POINSETTIAS \$13.50 each

Orders due: Sunday, November 3rd
Pick up orders at OSLC (exact date TBD)

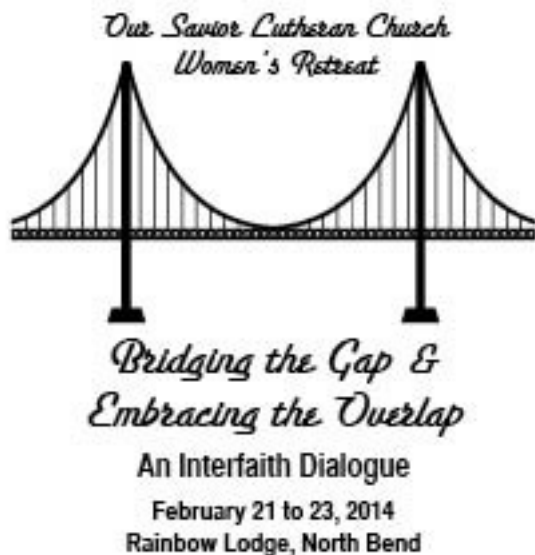
Contact Glenna Usselman, 206-496-9695 or
by email at glennausselman@aol.com if you have questions.

.....

Name _____ Phone _____
E-mail _____

	Quantity	Total \$
Wreaths	_____ @ \$16.50 ea	_____
Red Poinsettias	_____ @ \$13.50 ea	_____
Pink Poinsettias	_____ @ \$13.50 ea	_____
White Poinsettias	_____ @ \$13.50 ea	_____
TOTAL	_____	_____

Please make checks payable to OSLC (and note Youth Peru Mission Trip on memo line.) Place your order and payment in the box on the table in the narthex.



Tired of the animosity and violence among those of varying religious beliefs? Looking for ways you can be part of the change to build strong, peaceful and loving relationships with your neighbors despite spiritual differences? Join us for **BRIDGING THE GAP AND EMBRACING THE OVERLAP: AN INTERFAITH DIALOGUE** by keynote speaker, Rev. Heidi Fish.

Three ways this retreat will knock your spiritual socks off:

1. Gain understanding by exploring the commonalities and differences in various faith traditions.
2. Propel yourself into more hospitable relationships with brothers and sisters of different religions or those practicing no religion.
3. Be a part of creating a more just and peaceful world by practicing what lies at the heart of all spiritual traditions.

Save the date! You won't want to miss this!

- A gorgeous forested setting at the foot of Mt. Si, ideal for walks, hikes and enjoying from the windows.
- Fresh mountain air conducive to exercise, meditation, prayer, journaling, reading and quiet time any way you like it.
- Comfortable accommodations and cozy fires.
- Delish eats and lodge staff does all the cooking and dishes!
- Plenty of girl time, game time and gab time.

Watch for registration information in the coming months. Contact Kimberly Montague if you have questions, mkmontague@hotmail.com.



An Invitation to Lyle and Alice Lewis' 50th Wedding Anniversary Celebration

Saturday, October 26, 2013

Our Savior Lutheran Church

John Lewis, Amy Jackson, and Keith Lewis would like to invite you to celebrate the 50th Wedding Anniversary of their parents, Alice and Lyle. Lyle and Alice were married on October 26, 1963. You are invited to attend their celebration on Saturday, October 26, 2013 from 4:00—8:00

p.m. at Our Savior Lutheran Church. It is requested that there be no gifts, but the family would welcome you to share photos, stories, and memories with us all.

(Editor's Note: Congratulations, Alice and Lyle!!)



OSLC Library Update

I've been working on the library committee for so long I really can't remember when I started. This fall I've been digging deep in our attic, sorting through boxes that stir up memories of the years gone by, and in one of them I found some library things I worked on in 1981! Now that's a long time! To be with a committee that long and still enjoy it like I do, must mean there are some really good things about it. Here are some of the things I value.

First of all, I love books. I don't spend as much time as I'd like reading them, but I love seeing new titles and interesting covers and wondering about what they have to tell me. I love to come down to church once in awhile and do something to contribute in some small way. I enjoy chatting with the people I run into there and spending time and becoming really good friends with my fellow library workers. I love the flexibility of this committee in scheduling time and in the jobs that need to be done. If there are new or "new to the library" books to be processed (there always are), there are many steps that take place, some requiring a little typing, but most simple enough that lots of chatting can be done. If I feel creative, the bulletin board should be changed seasonally and I can be thinking of new ideas there. Or I can take care of circulation, re-organize the children's section, change books on the mobile cart, write an article for the Focus or read to the pre-school children and help each one of them check out a book. Or, if I simply feel like tidying up, I can "read" the shelves and make sure the books are in the proper order or do a little dusting.

If any of this sounds like something you would enjoy, or you'd just like to find out a little more, give us a call or an e-mail. We can use more helpful hands! We meet on one Monday morning each month, and we vary which one it is according to which one is best for our committee members on that particular month. (That's an example of what I mean by being flexible!)

You can reach me—Sharon Mantei at 425-636-8879 rsmantei@msn.com or Becky Brooks at 425-391-3980 becky@tomecat.com. The only requirement is that you love books—we would love to have you join us!

Sharon Mantei, Library Committee

Potluck Luncheon @ OSLC

Sunday, November 3, 2013, 12:15 p.m.



On Sunday, November 3, 2013 following the second worship service, join us for great food, fellowship and to hear more about how Thrivent Financial for Lutherans can help OSLC by helping members be financially secure and simultaneously helping support our OSLC caring community. The main course will be catered and guests are asked to bring side dishes to share.

Hear about:

- What is the story with Thrivent Financial and how can they help us?
- How can we double Choice dollars directed to OSLC through November 2013?
- Where does the funding come from for Thrivent Choice and other programs?
- What Thrivent resources are other congregations using to help carry out their important mission of service?
- How can you be part of this membership organization and support your community ... and the world?

Please contact Paul Timmerman with questions (pault0721@gmail.com) and please RSVP to the church office (office@oslccissaquah.org) as we would like to be good stewards with the amount of food to order.

SUPPORTING LOVED ONES WHO ARE SERIOUSLY ILL

Most of us have or have had friends and family members who are dealing with critical illness. We want to help, but sometimes we just don't know how and the person who is ill finds it too difficult to ask. You might wonder: am I saying the right thing? Am I doing the right thing? We can feel uncomfortable, just not knowing how.

Here are some suggestions from Group Health's Oncology Department that your loved one is likely to appreciate.

- Don't avoid your loved one. Be the friend, the close person you've always been.
- Touch is soothing; a squeeze of the hand says you care.
- Bringing food is a blessing. Bring it in disposable containers so they don't have to worry about which one is whose and how to return them.
- If your sick friend has children, offer to watch or take them out.
- Don't be afraid to share your loved one's tears or laughter. Pain isolates. Sharing connects.
- If your loved one is able, take him or her out for a pleasure trip.
- Call for a shopping list, and make a delivery to his or her home.
- Do visit. They can get lonely, and they need you. But call before you come so they can be ready.
- Help them to celebrate holidays. You might help decorate their hospital room or home or bring a special little gift.
- The immediate family of your loved one is suffering, too. Offer to take them places. Or stay with the sick one a bit to let family members get away for a break.
- If your loved one feels like talking about it, don't shy away from talking about his or her illness. It may provide a release.
- While visiting, one doesn't always have to talk. Playing cards or board games can be fun. Sitting quietly together is nice, too. Your presence says your loved one is still important.
- Ask if your loved one needs transportation to a treatment, to the store, or to a physician.
- Include your loved one in decision making, especially about their family and their life. He or she is denied participation in so many things.
- Bring a positive attitude, and help him or her feel good about themselves.
- Talk about what is going on in your life and in the news in general. No one wants to feel like the world is passing them by.
- Ask if they need help with chores. During illness, one still faces dirty clothes, dirty dishes, and a dirty home.
- If you are comfortable with gardening, ask if they need help in the yard.
- Send a card to say you care, that they are in your thoughts.
- Pray for them and share your faith if they are willing.

Submitted by OSLC Member, Barbara Extract

Worship Schedule

Sun., October 6—Feast of Creation Sunday

Reading	Revelation 22:1-5
Gospel:	John 4:7-15

Sun., October 13—21st Sunday after Pentecost

First Reading:	2 Kings 5:1-3, 7-15c
Second Reading:	2 Timothy 2:8-15
Gospel:	Luke 17:11-19

Sun., October 20—22nd Sunday after Pentecost

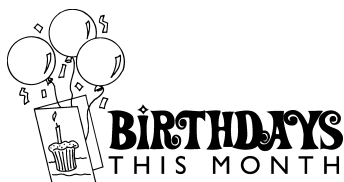
First Reading:	Genesis 32:22-31
Second Reading:	2 Timothy 3:14–4:5
Gospel:	Luke 18:1-8

Sun., October 27—Reformation Sunday

First Reading:	Jeremiah 31:31-34
Second Reading:	Romans 3:19-28
Gospel:	John 8:31-36

**Sunday morning worship
services with Holy
Communion begin at
8:30 and 11:00 a.m.**

**Sunday School for all ages
(preschool through adult)
begins at 9:45 a.m.**



10/3 Peggy Coyle	10/18 Andrew Kramer	
10/4 Mark Mummy	10/19 Ann Byar	
10/5 Howard Schmidt	10/20 Andrew Walker	
Paul Isop	10/21 Anna Montague	
10/6 Katherine Brown	Carol Harbolt	
10/7 Garth O'Brien	Grace Tolo	
Shannon Dickens-Little	Marian James	
10/9 Claire Tolo	Mattias Olshausen	
10/11 Alexandra Morrey	10/24 Andrea Taylor	
Shane Small	Dick Ferrarini	
10/12 Dianne Tanner	Bayden Loudermilk	
Lisa Thomassen	10/25 Elaine Stamm	
10/16 Lenda Sundene	10/26 Eloise Peters	
10/17 Marilyn Kneepkens	10/28 Peter Shen	
Natalie Francois	10/29 Madeleine O'Brien	
	Tommy Zhu-Sordahl	
	10/30 Jim Wiseman	
	Lisa Gillin	
	Sandy Saathoff	
	Shirley Witsoe	



10/3	Larry & Christine Fry
10/5	Mike & Joan Friel
10/6	Brad & Jacki Marx
10/9	Justin & Katy Ulland
10/21	Brian & Melodie Humphries
10/22	Glenn & Heather Curtis
10/26	Lyle & Alice Lewis (50 years!)

October 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 7:00 PM AA (Anderson Hall)	2 9:30 AM Mission Quilters (Anderson Hall) 12:00 PM Staff Meeting (Narthex) 6:00 PM Pilgrim Journey Rehearsal 7:00 PM Chancel Choir (Sanctuary) 7:00 PM Confirmation Group Meeting (Youth Room)	3 7:45 AM TOPS (Rms 14, 17) 10:00 AM Al Anon (AH) 10:00 AM Bible Study (Library) 4:00 PM Stewardship Meeting (Narthex) 7:00 PM Memorial Bells (Sanctuary)	4	5  <i>Issaquah Salmon Days</i> 9:00 AM—3:00 PM African Missions Summit @ St. Andrew's Lutheran Church, Bellevue
6  <i>Issaquah Salmon Days</i> 8:30 AM Worship 9:45 AM Sunday School 9:45 AM Sunday Morning Adult Education Class (Library) 9:45 AM Prayer Shawl Ministry (Anderson) 11:00 AM Worship 6:30 PM Mid-Life Spirituality Group @ the home of Don & Carole Miller	7 11:45 AM OA (Downstairs Classroom) 1:00 PM Lutheran Counseling Network (Pastor's Office) 5:30 PM Girl Scouts (Rooms 14, 15) 7:00 PM Boy Scout Troop 676 (Anderson Hall)	8 5:30 PM Issaquah Meal Program @ Fire Station 6:00 PM Executive Committee (Library) 7:00 PM Council Meeting (Library) 7:00 PM AA (Anderson Hall, Downstairs Classroom)	9 9:30 AM Mission Quilters (Anderson Hall) 12:00 PM Staff Meeting (Narthex) 6:00 PM Pilgrim Journey Rehearsal 7:00 PM Chancel Choir (Sanctuary) 7:00 PM Confirmation Group Meeting (Youth Room)	10 7:45 AM TOPS (Rms 14, 17) 10:00 AM Al Anon (AH) 10:00 AM Bible Study (Library) 7:00 PM Memorial Bells (Sanctuary) 7:00 PM Nominating Committee	11	12 9:00 AM—Noon OSLC Outdoor Work Party 10:00 AM Robertson Baptism (Pr. Thomas) 2:00 PM Bernie Guthmiller Memorial Service @ OSLC
13 8:30 AM Worship 9:45 AM Sunday School 9:45 AM Sunday Morning Adult Education Class (Library) 9:45 AM New Member Orientation (Anderson Hall) 11:00 AM Worship	14 9:30 AM Avant Designer's Guild (Anderson Hall) 11:45 AM OA (Downstairs Classroom) 1:00 PM Lutheran Counseling Network (Pastor's Office) 2:00 PM Parkinson's Support Group (Sanctuary) 7:00 PM Boy Scout Troop 676 (Anderson Hall) 7:30 PM OSLC Book	15  12:00 PM November Focus Newsletter Deadline 6:00 PM Global Missions Committee (Narthex) 7:00 PM AA (Anderson Hall & Downstairs Classroom)	16 9:30 AM Mission Quilters (Anderson Hall) 12:00 PM Staff Meeting (Narthex) 6:00 PM Pilgrim Journey Rehearsal 7:00 PM Chancel Choir (Sanctuary)	17 7:45 AM TOPS (Rms 14, 17) 10:00 AM Al Anon (AH) 10:00 AM Bible Study (Library) 7:00 PM Memorial Bells (Sanctuary)	18 9:30 AM Hope Circle Confirmation Fall Retreat	19 Confirmation Fall Retreat 
20 Confirmation Fall Retreat 8:30 AM Worship 9:45 AM Sunday School 9:45 AM Sunday Morning Adult Education Class (Library) 11:00 AM Worship 6:30 PM Mid-Life Spirituality Group	21 11:45 AM OA (Downstairs Classroom) 1:00 PM Lutheran Counseling Network (Pastor's Office) 1:30 PM Faith Circle @ the home of Dianne Tanner 5:30 PM Girl Scouts (AH) 7:00 PM Boy Scout Troop 676 (Anderson Hall)	22 7:00 PM AA (Anderson Hall & Downstairs Classroom)	23 9:30 AM Mission Quilters (Anderson Hall) 6:00 PM Pilgrim Journey Rehearsal 7:00 PM Chancel Choir (Sanctuary) 7:00 PM Confirmation Small Groups	24 7:45 AM TOPS (Rms 14, 17) 10:00 AM Al Anon (AH) 10:00 AM Bible Study (Library) 7:00 PM Memorial Bells (Sanctuary) 7:00 PM Nominating Committee (Narthex)	25	26 Lyle and Alice Lewis' 50th Anniversary Reception (Anderson Hall)
27 Reformation Sunday Thanksgiving Food Basket Collection 8:30 AM Worship 9:45 AM Sunday School 9:45 AM Sunday Morning Adult Education Class (Library) 11:00 AM Worship / New Members Received	28 11:45 AM OA (Downstairs Classroom) 1:00 PM Lutheran Counseling Network (Pastor's Office) 6:30 PM Boy Scout Troop 676 Court of Honor (Anderson Hall, Kitchen)	29 7:00 PM AA (Anderson Hall & Downstairs Classroom) 7:00 PM Youth Ministry Committee (Narthex) 8:00 PM A Deeper Well @ Sunset Ale House	30 9:30 AM Mission Quilters (Anderson Hall) 12:00 PM Staff Meeting (Narthex) 6:00 PM Pilgrim Journey Rehearsal 7:00 PM Chancel Choir (Sanctuary) 7:00 PM Confirmation Group Meeting (Youth Room)	31 7:45 AM TOPS (Rms 14, 17) 10:00 AM Al Anon (AH) 10:00 AM Bible Study (Library) 7:00 PM Memorial Bells (Sanctuary) 		<div style="border: 1px dashed black; padding: 5px;"> OSLC facility use printed in bold. Community facility use printed in italics. </div>

We remember in prayer...



We remember in prayer OSLC members:

Sandy Aldworth; Maury Clark; Gene Elfstrom; Barbara Extract; Marie Foss; Beth Garrison; Carol Harbolt; Jeff Hendrickson; Margot Inman; Chuck James; Marian James; Josee Jordan; Florence Kinnune; Ann Kofol; Jeannie Lindquist; Vern Lindquist; Jim Marshall; Jerry Nack; Cheryl Neeb; Colleen Petersen; Pastor Eldon 'Pick' Pickering; Mary Swanson; Selma Thompson; Robin Timmerman; Tommie Troutman; Gwynn Wilkinson

We ask for peace and comfort for those mourning the death of loved ones:

Wayne Thueringer (brother of Kathy Ziegler); **Darrell Wilson** (Janet Heck); **Selma Bergstrom** (aunt of Ann Thomas); **Ardella Kruckenberg** (aunt of Dianne Tanner); **Christopher** (Helen Nychay); **Virginia Fraas; Rob Vande Zande** (Karen Hansen); **Robert Highum** (grandfather of Natalie Francois); **Henry Smith** (Cheryl Neeb); **Bernie Guthmiller**

We pray for expectant mothers:

Erin Garman (niece of Vicki LeFever); **Emilee Telyea** (Natalie Francois)

We pray for the safety of OSLC members and friends serving in the military here and abroad.

We pray for safety for SNC Lavalin Constructors as they work on the Issaquah Creek restoration project.

We pray for our missionaries and global missions:

Henrik & Patty Christopherson; St. Catherine's Lutheran Church in St. Petersburg, Russia; for the congregations in Chiclayo, Peru: **Pepe** at Las Brisas, **Merci** in San Antonio and **Harold** at Las Lomas. **MaaSae Girls Lutheran Secondary School** in Monduli, Tanzania.

We offer thanksgiving to God:

For the healing for **Scott and Whitney Pomeroy** following their auto accident. (son-in-law/daughter of Rolie and Sherry Kiefel)

For the leadership of our Bishop, **Rev. Kirby Unti** and his assistants, **Rev. Kathryn Buffum, Rev. Jerry Buss and Rev. Nancy Winder.**

For **Kari Jewett's** good diagnosis and healing. (daughter of Knut and Judy Johansen)

Prayer is putting our faith into action, and prayer is pleasing to God. Link up with our prayer chain if you have a need or if you want to share a thanksgiving or praise. Call Jill Naegle, (425) 392-0116.



October Worship Assistants



Sunday Ser-vice	Date	Time	Greeters	Ushers	Lectors	Communion Assistants	Altar Guild/ Bread Bakers	Sound Engineers
20 Pentecost	October 6	8:30 a.m.	Dick & Susan Ferrarini	Don Robertson Jeff Lucas	Sam Shrimpton	Jane Shen Mary Ann Hult Diane Nelson Sam Shrimpton	Jane Wuest Bread: Jane Wuest	Jeff Ziegler Marilyn Larson 425-392-6594
		11:00 a.m.	Don & Nancy Cumming	David Berry	Judy Johansen	Del Elliott Rita Hansen Judy Johansen Shari Lundberg	Rita Hansen	<i>Vince Smith</i>
21 Pentecost	October 13	8:30 a.m.	Don & Jean Chaney	Craig Gillin Jon Smith	Connie Fletcher	Connie Fletcher Lisa Gillin Mary Ann Hult Leslie Walzter	Mary Fricke Bread: Kathy Ziegler	Dave Park
		11:00 a.m.	Muriel Brown Vicky Jacobson	Larry & Christine Fry	Judy Johansen	Judy Johansen Alice Lewis <i>2 CA's needed</i>	Leslie Kramer	
22 Pentecost	October 20	8:30 a.m.	Bonnie Brice Diane Nelson	Lena Schaper Marilyn Larson	Judi Case	Ralph & Judi Case Mary Fricke <i>1 CA needed</i>	Judi Case Bread: Leslie Kramer	David Hersey
		11:00 a.m.	Bill Hall LaRue Nelson	Bill Suttmeier	Maury Clark	Muriel Brown Alice Lewis Leslie Walzter 1 CA needed	Karen Hansen	David Hersey
Reformation Sunday	October 27	8:30 a.m.	Jeanie Lindquist Selma Thompson	<i>Open</i>	Bill Bergsma	Diane Nelson Shari Lundberg Jane Shen <i>1 CA needed</i>	Robin Timmerman Bread: Connie Fletcher	Connor Case & David Hersey
		11:00 a.m.	Jerry & Linda Nack	<i>Open</i>	Joan Friel	Del Elliott Joan Friel Rita Hansen <i>1 CA needed</i>	Judi Case	Vince Smith



Our Savior Lutheran Church

745 Front Street South

Issaquah, WA 98027

(425) 392-4169 office

(see extensions below)

(425) 392-2946 fax

Stay connected with OSLC through our Website, on Facebook or through Twitter:

Website: *www.oslcissaquah.org*

Facebook: *www.facebook.com/oslcissaquah*

Twitter: *twitter.com/oslcissaquah*

All information for the *Focus* newsletter is **due by noon on the 15th of each month**, unless noted otherwise. Please email items to oslcnewsletter@yahoo.com on or before the deadline.

OSLC STAFF DIRECTORY

Larry E. ThomasLead Pastor
Ext. 106 lethomas@oslcissaquah.org
Ryan FletcherAssociate Pastor
Ext. 105 rdfletcher@oslcissaquah.org
Scott Hafso..... Interim Choir Director &
Ext. 103 Worship Coordinator
 bellevuer@gmail.com
Janet HeckParish Administrator
Ext. 100 janeth@oslcissaquah.org
Sabrina Wick.....Nursery Attendant

Vern LindquistParish Organist
 vernlindquist@msn.com
Shari LundbergOffice Assistant
Ext. 104 sharil@oslcissaquah.org
Janet Heck.....Focus Editor
 oslcnewsletter@yahoo.com
Paul TimmermanAccountant
Ext. 104 pault@oslcissaquah.org
Paul Anderson.....Lutheran Counseling Network
 (425) 455-2960