

Cost and Registration Information

Option	Lodging and Meals	Cost
A	Full Retreat: Friday evening through Sunday morning; 2 nights & 4 meals	\$220
B	Mini Retreat: Saturday and Sunday; 1 night & 4 meals	\$200
C	Minor Retreat: Friday evening through Saturday; 1 night & 3 meals	\$180
D	Main Event: Saturday only (no lodging) with 3 meals	\$120

The four meals are Saturday breakfast, lunch & dinner and Sunday brunch. There are a few single rooms available if you prefer not to share; the single-room upcharge is \$45.

A completed registration form and at least \$75 deposit is due by **Sunday, October 29** to hold your place. If you pay a deposit when you register, the remaining balance is due by Thursday, Nov. 2. No refunds may be made after Nov. 3. There are some scholarship funds available; reach out to Marilyn Carlson (auntmare@carlsonsnw.com) or call/text 206-499-9601. Scholarship fund donations are always appreciated!

We need 35 attendees to make the conference its best—please register early and bring a friend!

If you prefer to pay online, you may do so at [www.oslcissaquah.org](http://www.oslcissaquah.org); choose “electronic giving” at the top of the home page, and then “Women’s Retreat” in the list of funds, and fill in your amount.



Donna Oiland

We’re thrilled to have Donna as our speaker this year! Donna’s speaking style is informal, passionate, and motivational. She intertwines personal experience, humor and storytelling with God’s truth throughout the message. Her goal is to help us put more laughter into our lives and help us to see ourselves as *flawsome*—flawed but awesome.

You can learn more about Donna at <https://nwspeakers.com/donna-oiland>.



Finding Joy in the midst of Life

Registration Form

Name:

Phone Number:

Email Address:

Floor Preference :

◇ First Floor (recommended for those with mobility issues)

◇ Second Floor

◇ I'd like to share a room with \_\_\_\_\_

◇ Pair me with anyone

◇ Single room, please if available (extra \$45)

Please share any special needs (i.e. quiet room, room close to exit or bathroom, allergies or special diet needs):

I need help and am requesting a subsidy or scholarship (please circle):

\$50 Off

Half Price

Full Scholarship

Accommodation Choice (circle one): A B C D

Enclosed payment (deposit or paid in full): \$ \_\_\_\_\_

Paid online (OSLCIssaquah.org): Amount \$ \_\_\_\_\_

Make checks payable to Our Savior Lutheran Church and include "Women's Retreat" in the memo line.

Please mail or bring your registration and payment to Our Savior Lutheran Church, 745 Front St., Issaquah, WA 98027.  
Registration deadline is Sunday, Oct. 29, 2023—book early!


Rainbow Lodge Accommodations

Rainbow Lodge features two floors of guest rooms. Most rooms include a sink and each wing of rooms has its own bathroom and showers. Bedding is provided, but you may enjoy your own pillow and/or blanket. **Single Rooms are limited to the first 4 registrants who request one.**

Getting there.....

- Take I-90 east towards North Bend & Spokane
- Take Exit 32 for 436th Ave NE; **turn left** onto SE North Bend Way.
- In 1.4 miles, **turn right** onto SE Mount Si Road; note that SE Mt. Si Rd becomes 452nd Ave SE, and then becomes Mt. Si Rd again—don't let it confuse you.
- Rainbow Lodge will be on the left in about 1 mile.

Physical address for Rainbow Lodge Retreat Center is 46820 SE Mount Si Road.



Don't forget to bring these with you:

- Favorite mug (we use these at meals)
- Bible, paper, pen/pencil for study sessions
- Snacks to share with the group
- Toiletries (towels/washcloths are provided)
- Casual, comfy, warm daytime clothes
- Robe, slippers, PJ's/nightgown
- Fun games to play and puzzles to share

And you might want these, too!

- Raingear & shoes for outdoor walks
- Camera
- Water Bottle
- Alarm Clock
- Flashlight

Retreat Activities

Friday, Nov. 10:

Plan to arrive at Rainbow Lodge at 7:30 p.m. Please do not arrive early, unless you are planning to help set up. We will move into our rooms, then gather in the worship space for an overview of the weekend and to learn about using Rainbow Lodge. We will have an ice-breaker activity and some singing to bring our minds and hearts into Retreat Mode.

Saturday, Nov. 11:

We'll start with breakfast at 8 a.m., then move into retreat sessions beginning at 9. There will be a short break mid-morning. Following lunch at noon, we'll have a final session coupled with a focused activity. There will be free time afterwards for fellowship, walks, naps or relaxation, etc. After dinner at 5 pm, we'll gather in the worship space for singing, followed by free time in the dining room for snacks and games.

Sunday, Nov. 12:

Following worship at 9 am, we'll gather at 11 for Sunday Brunch. Check-out time is 12 noon, so please plan to pack up before brunch, to facilitate a smooth exit.

