

## Registration Form

Name:
Phone Number:
Email:
Floor Preference: <ul style="list-style-type: none"> <li><input type="radio"/> First Floor (best for people with mobility issues)</li> <li><input type="radio"/> Second Floor</li> </ul>
I'd like to share a room with: <ul style="list-style-type: none"> <li><input type="radio"/> Pair me with anyone.</li> <li><input type="radio"/> Single Room, please, if available (\$60 extra)</li> </ul>
Please share any special needs: IE: Allergies, special dietary requests, room close to exit or restroom, quiet room)
I need financial assistance and am requesting a subsidy or scholarship: (please circle)
\$60 off      Half Price      Full Scholarship
Accommodation Choice: A B C D
Enclosed payment: <div style="margin-left: 40px;">                     Deposit (\$120) _____                      Full (\$____) _____                 </div>
Payments payable to: Our Savior Lutheran Church and note "Women's Retreat" on memo line. <b>Payment in full is due February 23, 2025.</b>
Please mail registration and payment to Our Savior Lutheran Church, 745 Front Street, Issaquah, WA 98027. Registration deadline is <b>February 23, 2025.</b>

### Rainbow Lodge Accommodations

Rainbow Lodge features two floors of guest rooms. Most rooms include a sink and each wing of rooms has its own bathroom and showers. Bedding is provided, but you may enjoy your own pillow and/or blanket. *Single Rooms are limited to the first 4 registrants who request one.*

### Getting there.....

- Take I-90 east towards North Bend & Spokane • Take Exit 32 for 436th Ave NE; turn left onto SE North Bend Way.
- In 1.4 miles, turn right onto SE Mount Si Road; note that SE Mt. Si Rd becomes 452nd Ave SE, and then becomes Mt. Si Rd again— don't let it confuse you. Rainbow Lodge will be on the left in about 1 mile.
- Physical address for Rainbow Lodge Retreat Center is 46820 SE Mount Si Road.

### Don't forget to bring these with you:

- Favorite mug (we use these at meals)
- Bible, paper, pen/pencil for study sessions
- Snacks to share with the group
- Toiletries (towels/washcloths are provided)
- Casual, comfy, warm daytime clothes
- Robe, slippers, PJ's/nightgown
- Fun games to play and puzzles to share

### And you might want these, too!

- Raingear & shoes for outdoor walks
- Camera
- Water Bottle
- Alarm Clock
- Flashlight

### *SCHEDULE*

#### FRIDAY

- 7:30 PM Arrive and unpack
- 8:15 PM Welcome Gathering and Introductory Session - *Along the Way*
- 9:00 PM Singing with praise and gratitude
- 9:15 PM Announcements
- 9:20 PM Engage with others or sleep

#### SATURDAY

- 8:15 AM Breakfast
- 9:00 AM Conversation 1 – *Following a Pilgrim?*
- 10:00 AM Break
- 10:15 AM Bible Studies 1 – *The Journey Forward* (fraught with possibilities)
- 11:00 AM Break
- 11:15 AM Conversation 2 – *The Pilgrim's Way*
- 12:00 Bible Studies 2 - *The Road with Grief*
- 1:00 PM Lunch
- 2:00 PM Group Photo
- 2:30 PM Crafts
- 3:30 PM Wander, Engage with others, Time for self
- 5:15 PM Conversation 3 – *Pilgrimage Gifts*
- 6:00 PM Dinner
- 7:00 PM Prayer and Praise
- 7:45 PM Talk, Enjoy, Take time for yourself, Sleep

#### SUNDAY

- 7:00 AM Coffee and treats
- 8:30 AM Bible Studies 3 - *Called to a Path* (and I don't want to go, but...)
- 9:15 AM **Worship** – *The Good Way*
- 10:15 AM Breakfast
- 11:45 AM Depart

Option	Lodging and Meals	Cost
A	Full Retreat: Friday evening – Sunday morning. 2 nights + 4 meals	\$265
B	Mini Retreat: Saturday – Sunday. 1 night + 4 meals.	\$230
C	Minor Retreat: Friday -Saturday. 1 night + 3 meals	\$180
D	Main Event: Saturday only No lodging / 3 meals	\$120



**Your Retreat Leaders:**

Jean Wahlstrom and Rev. Jane Prestbye

**Jean Wahlstrom** is currently 'retired', having taught middle and high school Choral music and PE, was on faculty at Lutheran Bible Institute for 26 years, the final six as the academic dean. Jean was an ELCA Missionary chaplain and Bible instructor at the Maasae Girls Lutheran Secondary School in Tanzania. She has served on the NWWA Synod Executive Committee, the boards of Holden Village, Operation Bootstrap Africa and the International Board for The Plaster House – Arusha, Tanzania.

Jean will be coming to lead this retreat fresh off the plane from her most recent trip to Tanzania.

Trained in education at Western Washington University, **Jane Prestbye** began working in church ministry with youth in 1973. After serving congregations in Bellingham, Seattle, and Bothell, and also as a faculty member at Trinity Lutheran College (Lutheran Bible Institute), she was ordained and called to Kent Lutheran Church in 1999. In February of 2023 Jane retired and is now enjoying daily gratefulness and the opportunities God provides to share her gifts and passion. Two of her long-term commitments are serving as a member of the Board of Directors for Kent Youth and Family Services, and working with Coach Northwest, a network of coaches in the Northwest WA Synod of the ELCA. Jane resides in downtown Kent, WA, with her husband, Fergus, and she spends time with family and friends doing a wide variety of activities.

The four meals are Saturday breakfast, lunch and dinner, Sunday brunch. There are 4 limited single rooms available if you prefer not to share; single-room upcharge is **\$60**.

\* A completed registration form and a \$120 deposit is due by Sunday, February 23 2025. **Payment in full is due by February 28, 2025.**

*There are no refunds available after February 28.*

\* Half and Full scholarship funds are available. Please contact Sherry ([sherry@salc.church](mailto:sherry@salc.church)) or Marilyn ([mearlson@dogwoodsolutions.com](mailto:mearlson@dogwoodsolutions.com))  
Scholarship fund donations are always appreciated.

# “Wandering and Wondering with God”



## Women’s Retreat 2025 March 7 – 9, 2025

*Wandering and wondering is the essence of pilgrimage and pilgrimage is a fitting metaphor of one’s whole life journey with God. Not everyone can go on physical pilgrimage, but everyone can have the mind of the nomad disciple. Pilgrimage involves doing something with whatever faith you have, and faith, like muscle, likes being worked. We will explore Christian pilgrimage as a faith walk with Jesus.*

- *Jeremiah 6:16a*  
*<sup>16</sup>Thus says the Lord: Stand at the crossroads, and look, and ask for the ancient paths, where the good way lies; and walk in it, and find rest for your souls.*
- *Luke 24:15*  
*While they were talking and discussing, Jesus himself came near and went with them...*