

Stephen Minister Training Schedule



Key:

PCR (Pre-Class Reading) / SMTM (Stephen Minister Training Manual) / CC-AWOL (Christian Caregiving—a Way of Life CA (Caring Assertiveness: Relating Directly, Honestly, and with Respect) / WAH (When and How to Use Mental Health Resources: A Stephen Ministry Guide)

All classes are held at OSLC from 10:30 am to 1:00 pm (includes a 15 min. break/bring your own snack)

	Date	Module	Reading Assignment Due for This Session
1	Oct 8	T-1 The Person of the Caregiver	
2	Oct 15	T-2 Feelings: Yours, Mine, and Ours	SMTM, "Feelings: Yours, Mine, and Ours" PCR CC-AWOL, preface–chapter 4
3	Oct 22	T-3 The Art of Listening	SMTM, "The Art of Listening" PCR CC-AWOL, chapters 5–8
4	Nov 5	T-4 Distinctively Christian Caring— Part 1	CC-AWOL, chapters 9–14
5	Nov 12	T-4 Distinctively Christian Caring— Part 2	CA, introduction–chapter 3
6	Nov 19	T-5 A Process Approach to Caring	SMTM, "A Process Approach to Caring" PCR CA, chapters 4–7
7	Dec 3	T-6 Assertiveness: Relating Gently and Firmly—Part 1	CA, chapters 8–11
8	Dec 10	T-6 Assertiveness: Relating Gently and Firmly—Part 2	CA, chapters 12–18
9	Jan 7	T-7 Maintaining Boundaries in Caregiving T-8 Crisis Theory and Practice	SMTM, "Maintaining Boundaries in Caregiving" PCR SMTM, "Crisis Theory and Practice" PCR
10	Jan 14	T-9 Confidentiality	SMTM, "Confidentiality" PCR WAH, preface–chapter 3
11	Jan 21	T-10 Caring between Visits: Caregiving and Communications Technology	SMTM, "Caring Between Visits" PCR WAH, chapters 4–6
12	Jan 28	T-11 Using Mental Health Professionals and Other Community Resources	SMTM, "Using Mental Health Professionals and Other Community Resources" PCR WAH, chapter 7–appendix C
13	Feb 4	T-12 Ministering to Those Experiencing Grief	SMTM, "Ministering to Those Experiencing Grief" PCR
14	Feb 11	T-13 Caring for Those with Depression: The Stephen Minister's Role	SMTM, "Caring for Those with Depression: The Stephen Minister's Role" PCR
15	Feb 25	T-14 Understanding Suicide: How to Help People Get the Care They Need	SMTM, "Understanding Suicide: How to Help People Get the Care They Need" PCR
16	Mar 4	T-15 Bringing the Caring Relationship to a Close	SMTM, "Bringing the Caring Relationship to a Close" PCR
17	Mar 11	T-16 Supervision: A Key to Quality Christian Care—Part 1	SMTM, "Supervision: A Key to Quality Christian Care— Part 1" PCR
18	Mar 18	T-16 Supervision: A Key to Quality Christian Care—Part 2	SMTM, "Supervision: A Key to Quality Christian Care— Part 2" PCR
19	Mar 25	T-17 How to Make a First Caring Visit	SMTM, "How to Make a First Caring Visit" PCR
20	Apr 15	T-18 Go—God Is with You!	SMTM, "Go—God Is with You!" PCR